**Trinity Tots Nursery Menu 2022 Week 1**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| DAY | **Breakfast**  **(Served between 8.00am – 9.00am)** | Lunch by /var/folders/j3/5gdj5h215bg2wrffbv8tyznr0000gn/T/com.microsoft.Word/WebArchiveCopyPasteTempFiles/1?15553830270000 **(Served at 11.15am (under 2’s)**  **11.30 – 12pm (Over2’s)** | Afternoon Snack **Under 2s**  **(Served at 3pm)** | Afternoon Snack **2-5 Years**  **(Served at 3pm)** |
| **Monday** | Choice of cereal, toast and fruit  (G, DA) | Fish and vegetable curry with boiled rice  (F, MU)  Fruit Salad | Pitta bread Pizza  (G,DA)  Fruit Selection | Pitta bread Pizza  (G,DA)  Fruit Selection |
| **Tuesday** | Plain yoghurt, malt loaf and fruit  (G, DA) | Macaroni cheese with broccoli and cauliflower  (G,DA)  Yogurt and Fruit  (DA) | Cheese Twists & Dips  (E,G, DA)  Fruit Selection | Cheese Twists & Dips  (E,G, DA)  Fruit Selection |
| **Wednesday** | Choice of cereal, crumpets and fruit  Whole Milk  (G, DA,E) | Mince and tatties  (SU)  Jelly with fruit | Fruit scones with butter and preserve  (G, E, DA, SU)  Fruit Selection | Fruit scones with butter and preserve  (G, E, DA, SU)  Fruit Selection |
| Thursday | Plain yoghurt, toasted teacake and fruit  (G, DA, SE) | Cajun tomato chicken with rice and vegetables  Banana oat slice  (G) | Oatcakes with ham, cheese spread and vegetable selection  (G, DA)  Fruit Selection | Oatcakes with ham, cheese spread and vegetable selection  (G, DA)  Fruit Selection |
| **Friday** | Choice of cereal, toast and fruit  Whole Milk  (G, DA, SY) | Roast pepper soup with wholemeal bread  (G,SY)  Rice pudding  (DA) | Toast with beans and cheese  (G,DA)  Fruit Selection | Toast with beans and cheese  (G,DA)  Fruit Selection |

**Trinity Tots Nursery Menu 2022 Week 2**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| DAY | **Breakfast**  **(Served between 8.00am – 9.00am)** | Lunch by /var/folders/j3/5gdj5h215bg2wrffbv8tyznr0000gn/T/com.microsoft.Word/WebArchiveCopyPasteTempFiles/1?15553830270000 **(Served at 11.15am (under 2’s)**  **11.30 – 12pm (Over2’s)** | Afternoon Snack **Under 2s**  **(Served at 3pm)** | Afternoon Snack **2-5 Years**  **(Served at 3pm)** |
| **Monday** | Choice of cereal, plain yoghurt and fruit  Whole Milk  (G, DA,SY) | Chicken casserole with mash potatoes  (SU)  Yogurt & fruit  (DA) | Toasted English Muffins with Butter and Preserve  (G, DA)  Fruit Selection | Toasted English Muffins with Butter and Preserve  (G, DA)  Fruit Selection |
| **Tuesday** | Toasted fruit loaf and fruit  (G, DA) | Tomato soup with wholemeal bread  (G,SY)  Rice pudding  (DA) | Crackers with Cheese & Smoked Sausage Pieces  (G, DA)  Fruit Selection | Crackers with Cheese & Smoked Sausage Pieces  (G, DA)  Fruit Selection |
| **Wednesday** | Choice of cereal, toast, and fruit  Whole Milk  (G, DA,SY) | Tuna macaroni cheese with sweetcorn  (F,DA,G)  Fruit salad | Cheese and Ham Toasties  (G,DA)  Fruit Selection | Cheese and Ham Toasties  (G,DA)  Fruit Selection |
| Thursday | Plain Yoghurt, Malt Loaf  and fruit  (G, DA) | Carrot and coriander soup with wholemeal bread  (G,SY)  Ginger cake  (G,DA) | Pitta Bread with Hummus & Crunchy Vegetable Sticks  (G, DA,SE,CE)  Fruit Selection | Pitta Bread with Hummus & Crunchy Vegetable Sticks  (G, DA,SE,CE)  Fruit Selection |
| **Friday** | Choice of cereal, toast, and fruit  Whole Milk  (G, DA,SY) | Keema beef curry with boiled rice  Jelly with fruit | Wholemeal Wraps with Cheese and Ham/Quorn (E)  (DA,G)  Fruit Selection | Wholemeal Wraps with Cheese and Ham/Quorn (E)  (DA,G)  Fruit Selection |

**Trinity Tots Nursery Menu 2022 Week 3**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| DAY | **Breakfast**  **(Served between 8.00am – 9.00am)** | Lunch by /var/folders/j3/5gdj5h215bg2wrffbv8tyznr0000gn/T/com.microsoft.Word/WebArchiveCopyPasteTempFiles/1?15553830270000 **(Served at 11.15am (under 2’s)**  **11.30 – 12pm (Over 2’s)** | Afternoon Snack **Under 2s**  **(Served at 3pm)** | Afternoon Snack **2-5 Years**  **(Served at 3pm)** |
| **Monday** | Choice of cereal, plain yoghurt, and fruit (G, DA, SE) | Beef fajita pasta  (G)  Flapjacks  (G) | Bagels with Soft Cheese  (DA,G)  Fruit Selection | Bagels with Soft Cheese  (DA,G)  Fruit Selection |
| **Tuesday** | Choice of cereal, crumpets and fruit  Whole Milk (G, DA, E) | Chicken pesto with rice  (G,DA)  Jelly with fruit | Crackers with Ham/Quorn (E) and Vegetable Selection  (G,DA)  Fruit Selection | Crackers with Ham/Quorn (E) and Vegetable Selection  (G,DA)  Fruit Selection |
| **Wednesday** | Plain yoghurt, toasted teacake and fruit (G, DA) | Mushroom soup with wholemeal bread  (G,SY)  Rice pudding  (DA) | Wholemeal Wraps with Cheese and Ham/Quorn (E)  (DA,G)  Fruit Selection | Wholemeal Wraps with Cheese and Ham/Quorn (E)  (DA,G)  Fruit Selection |
| Thursday | Choice of cereal, toast and fruit  Whole Milk  (G, DA, SE) | BBQ sausage and bean with mashed potato  (G,SY,SU)  Fruit Salad | Fruit Salad Tart with Natural Yogurt  (E,DA) | Fruit Salad Tart with Natural Yogurt  (E,DA) |
| **Friday** | Choice of cereal, toast and fruit  Whole Milk  (G, DA, SY) | Fish tikka masala with rice  (F,MU)  Yogurt and fruit  (DA) | Breadsticks with Dips and Vegetable Selection  (E,DA,G,CE)  Fruit Selection | Breadsticks with Dips and Vegetable Selection  (E,DA,G,CE)  Fruit Selection |

**Trinity Tots Nursery Menu 2022 Week 4**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| DAY | **Breakfast**  **(Served between 8.00am – 9.00am)** | Lunch by /var/folders/j3/5gdj5h215bg2wrffbv8tyznr0000gn/T/com.microsoft.Word/WebArchiveCopyPasteTempFiles/1?15553830270000 **(Served at 11.15am (under 2’s)**  **11.30 – 12pm (Over 2’s)** | Afternoon Snack **Under 2s**  **(Served at 3pm)** | Afternoon Snack **2-5 Years**  **(Served at 3pm)** |
| **Monday** | Choice of cereal, toast and fruit  Whole Milk  (G, DA,SY) | Lentil soup with wholemeal bread  (G,SY)  Rice pudding  (DA) | Corn Thins with a Choice of Ham/Quorn Cheese, and a Salad Selection  (E, G, DA,CE,SY)  Fruit Selection | Corn Thins with a Choice of Ham/Quorn Cheese, and a Salad Selection  (E, G, DA,CE,SY)  Fruit Selection |
| **Tuesday** | Toasted teacake, yoghurt and fruit  (G, DA) | Fish in garlic and tomato sauce with pasta  (G,F)  Fruit salad | Sandwich Selection  (G, DA,SY)  Fruit Selection | Sandwich Selection  (G, DA,SY)  Fruit Selection |
| **Wednesday** | Choice of cereal, toast, and fruit  Whole Milk  (G, DA,SY) | Creamy chicken korma with boiled rice  (G,DA,MU)  Yogurt and fruit  (DA) | Wholemeal Wraps with cheese and ham/quorn  (G,DA,E)  Fruit Selection | Macaroni cheese and vegetables  (G, DA)  Fruit Selection |
| Thursday | Plain Yoghurt, Malt Loaf  and fruit  (G, DA) | Vegetable soup with wholemeal bread  (G,SY)  Jelly with fruit | Pitta bread Pizza  (G,DA)  Fruit Selection | Pitta Bread with Hummus & Crunchy Vegetable Sticks  (G, DA,SE,CE)  Fruit Selection | Pitta Bread with Hummus & Crunchy Vegetable Sticks  (G, DA,SE,CE)  Fruit Selection |
| **Friday** | Choice of cereal, toast, and fruit  Whole Milk  (G, DA,SY) | Pasta bolognese  (G)  Banana cake  (G,DA) | Crackers with Cheese & Smoked Sausage Pieces  (G, DA)  Fruit Selection | Crackers with Cheese & Smoked Sausage Pieces  (G, DA)  Fruit Selection |